

Shapes and Levels Make – Up

Name: _____ Period: _____ Date: _____

1. Create three shapes that can be performed by the body. In the boxes below, draw a stick figure version of this shape.

Shape #1



Shape #2



Shape #3



2. Once you have drawn your shapes in the boxes above, redraw your shapes so that they are on a low, medium, and high level.

Shape #1

Low



Medium



High

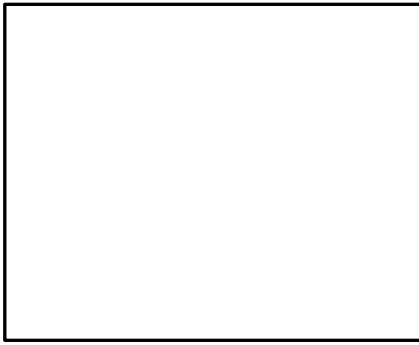


Shape #2

Low

Medium

High

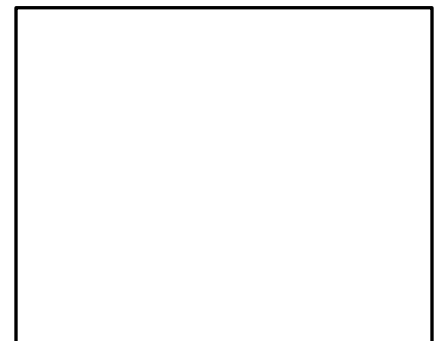


Shape #3

Low

Medium

High



3. After drawing all three of your different shapes on a low, medium, and high level, practice doing them. See if your body matches the drawings on the worksheet. Practice your shapes and show them to your teacher for points. Turn in this worksheet the day you show your shapes.

Teacher Signature _____