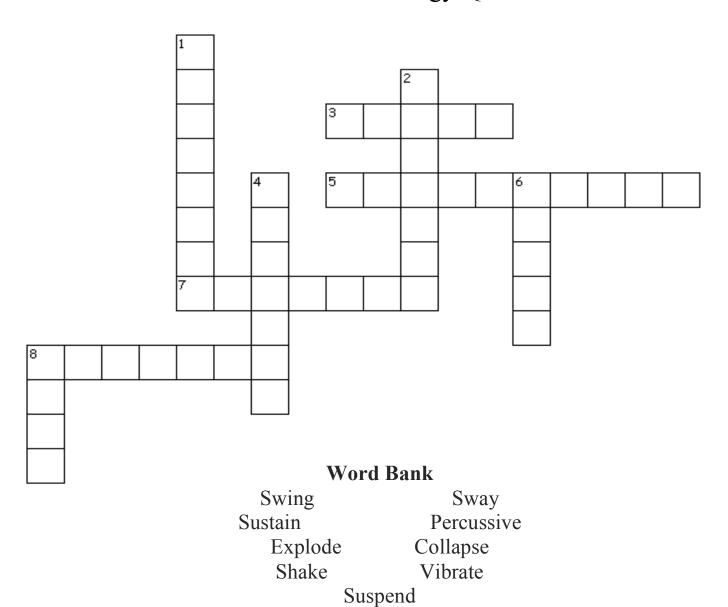
Name:	Date:	
Date of Absence:	Period·	

Introduction to Energy Qualities



Down

- 1. complete loss of energy
- 2. short quick movements
- 4. active pause and release
- 6. big back and forth motions
- 8. up and over

Across

- 3. drop and suspend
- 5. sharp, quick movements
- 7. sudden burst of energy
- 8. smooth and even energy