ABSENT MAKE UP– OPTION #3

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_\_\_ Date of Absence: Date turned in: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which movement phrase or dance did you film: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



Assess your dancing:



Come to the dance studio and film at least 30 seconds of a movement phrase or dance that we have worked on (or are currently working on) in class.

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| Before watching the video, write down 5 things that were expected of you for this (use full sentences) |
|  |

1-

2-

 3-

 4-

 5-

Was there anything that surprised you when you watched the video? Write down 3.

1-

2-

 3-

Write down 3 great things that went well for you, and 3 goals you want to improve in and how you will do that.

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| Went Well: 1- 2- 3-  |
| Goals and how to improve in them: 1- 2- 3-  |